



Woodland Terrace of New Palestine Family Update

April 2, 2020

Social distancing, hand hygiene and self-quarantining have been in the headlines more than I think any of us could have imagined. If you didn't know there was a correct way to wash your hands, you do now! Just because we should be increasing the physical distance between ourselves does not mean that we cannot be close to the ones we love. Isolation and self-quarantine can make a very lonely world but thanks to technology and ingenuity we can get through it together!

Our entire team has been focused on creative ways to keep residents connected to their friends, family and Community in unique ways while keeping everyone safe!

- **Hallway BINGO** is something the residents have really been enjoying. Our team delivers BINGO Cards to each of the resident's doors in a particular hallway and residents can then either have one of their chairs brought out or we can provide one. Activity staff will then lead games of BINGO with some great prizes to the winners. Different hallways are done at different times throughout the week.
- **Tasty Treats** always hit the spot here at Woodland Terrace of New Palestine. Our dining team has been surprising residents with unexpected small treats in their meals and our life enrichment team has been spreading cheer with spring decorated cookies or jellybeans this week.
- **Video Chats** are a great way to stay in contact with those that can't visit at this time. Our nursing and life enrichment team have been setting up calls between residents and their family via FaceTime or Skype. If you haven't done so, feel free to schedule a call through the concierge and our staff will take care of the rest!
- **Our Newly Created Live Enrichment** is our own live YouTube channel where residents can view activities, they're used to seeing live or at a later time. Thus far we have had two Spice It Ups, a fitness class, Donuts with The Director, and Demonstrate Dessert with even more to come. Feel free to watch as well!
- **Life Enrichment Carts** are busy going up and down the hallways visiting resident homes! Our Life Enrichment team's 'joy carts' truly do bring joy to our residents. Each cart is packed with puzzle packs, books, drinks, snacks and of course hand sanitizer! Residents are able to take whatever they would like for their own personal entertainment!



- **Hallway Fitness** is more than just walking the hallways. Our fitness coordinator goes to each hallway and heads up an exercise routine that all can participate in. Residents are spread at least six feet apart and are able to get some good stretching and movement in! (And don't forget Madison can be scheduled for one on one exercises as well).

We have always been proud of our residents and our team, but watching our Community come up with fun, new ways to entertain and connect our Community has been a bright spot of each day. We are continually coming up with creative and safe ways to inspire our Community but would love to hear new ideas! Woodland Terrace of New Palestine is fortunate to have such wonderful residents and families that continue to support us throughout this time!

Sincerely,

Ryan Skinner
Executive Director