

Justus

RESIDENT & FAMILY UPDATE



May 15, 2020

This week the Indiana State Department of Health distributed a newsletter entitled *Indiana Back on Track Plan for LTC ISDH Newsletter* in response to our questions and concerns. Some of the answers you will be excited to hear, and others may be disappointing.

1. **Visitation is still restricted** and will remain restricted through at least Stage 4 of the Governor's Back on Track plan. We understand how difficult this is for you and your loved ones. We submitted ideas on how we might adopt controlled visitation, but the experts believe it is still too risky.
2. **Podiatry can provide services if medically necessary.** This has been our policy.
3. **Dining rooms may begin to open.** This must happen with a very detailed plan and controlled environment. We are busy at work coming up with a plan that will be announced soon. For those who prefer to remain in their rooms, room service will continue to be provided as a free service.
4. **Both indoor and outdoor group activities remain restricted.**
5. **Assisted Living Fitness Centers may open** if restricted to one person at a time and several precautions put in place. Our plan is to begin scheduling one-on-one visits to the fitness center on Wednesday, May 20. Independent Fitness Centers remain closed at this time.
6. **Residents leaving the community remains restricted with exception only for medically necessary appointments.** When residents must leave for medical reasons they must be quarantined and observed closely for 14 days.
7. **Salon services are still restricted.** The state stated that this is not essential for the health and safety of residents and poses too much risk given the current COVID-19 situation. They will continue to monitor the data and re-evaluate.

The state understands that social isolation is a concern, but they must balance that with the fact that those over 65 are at the greatest risk to have negative outcomes from COVID-19 and those 85 and older are at an extremely high risk.

We thank the state for addressing our questions and concerns. [To view the ISDH Newsletter click here.](#)

Thank you for following the restrictions. Because of your cooperation and the staff's attention to infection control procedures, we have seen great results.

Justus Leadership