

Justus CORONAVIRUS UPDATE



Justus serves over 1200 seniors in central Indiana and employs over 350 people, so whether planning, constructing or operating communities, we often say that first and foremost we are in the people business. Meeting the needs and exceeding expectations of our residents, families and staff is our goal. So, as the world continues to adapt to the reality of the COVID-19 pandemic, you can rest assured that our focus is on the safety, happiness and overall wellbeing of both our residents and our staff.

Even though we all understand the importance of exercising caution and that our senior population is at the most risk, the restrictions that have been in place have been difficult for everyone. We want our residents' families to know that we believe our senior population thrives when they are in community with other residents and connecting with their loved ones. It is essential to ensure our residents are not only physically safe, but emotionally thriving. Our teams have worked tirelessly to keep residents' spirits high while we all await the virus to let up and move through the phased reopening safely.

Reopening

We constantly monitor the ISDH (Indiana State Department of Health) and CDC (Centers for Disease Control and Prevention) updates. At 10:04 pm on June 29, the ISDH released the long-awaited guidance on reopening the salons and visitation (allowing indoor visits with social distancing and supervision) along with many other guideline changes. While we continue to be conservative in our approach and exercise caution, the leadership teams at our corporate office and at our communities are excited to offer the following reopening updates. **At the same time, it is important to understand, the state agencies have stated that if there is an uptick of cases in the state, the previous restrictions may return.** Consequently, our measured and phased approach to reopening may vary by location and will be based on the health and safety directives from the CDC, local and state public health officials and our own clinical experts. Only with the clearance of public health officials are we able to gradually and safely start reopening our dining rooms, fitness centers, therapy clinics and salons. The ability to reopen various services depends on the status of active cases among residents and staff.

Visitation

As states have been gradually reopening, we will be implementing a phased reopening at the Justus Communities and with the guidance of public health officials. The ISDH provided guidance that we may gradually and safely start allowing visitors into our communities. The state officials advised that limited indoor visitation may take place in a common area with supervision to ensure safe practices. If there are no outbreaks in a community, we will begin scheduling indoor visitation on Wednesday, July 15. Outdoor visitation is already in effect and will continue, and residents, friends and families should remember this is the safest way to connect with a loved one. Visitors will be required to participate in symptom screenings, temperature checks, hand sanitization upon entry and exit and sign in and sign out. Visitation is by reservation due to social distancing requirements. Please contact your concierge for more information or to schedule a visit.

Salons

One of our most popular destinations and services, the Retreat Salon and Day Spas, will reopen the week of July 6 with very specific restrictions. This will depend upon the availability of stylists and the salon's ability to put all precautions in place prior to opening. We know this is long-awaited news for our residents!

Outpatient Therapy Services and Clinics

The recent ISDH guidance allows us to reopen our therapy clinics with restrictions. There are many benefits of having outpatient therapy in our communities and residents and staff have missed having this service available. One considerable advantage of outpatient therapy is the emphasis on preventative care. Our therapists are skilled at evaluating and diagnosing potential problems before they lead to more serious injuries or conditions, proactively offering solutions to help avoid future life-changing events, such as a fall. Outpatient Therapy Clinics will reopen the week of July 6.

Fitness Centers

While our fitness centers have been busy with one-on-one visits and many residents have been participating in hallway exercise, on Friday, July 10 we will open our fitness centers for small groups with certain limitations and restrictions. Contact the concierge or your Fitness Coordinator for more information.

Dining

All dining rooms are beginning to open with caution and various restrictions and staff and residents are excited. Watch for more specific information from your community on the daily updates. Please keep in mind, the opening of the dining rooms is dependent on the status of active COVID-19 cases in a community.

Group activities

Next week both small and larger group activities will resume with many precautions in place as well as limits on how many may attend at a time. Residents and staff will always be required to wear a mask and maintain social distancing. Let the fun begin!

Leaving the Community

As of July 6, and per the ISDH guidance, our residents may leave the community on short excursions provided they take proper precautions with social distancing, hand hygiene, and wearing masks. Residents who choose to go out will not be required to quarantine for 14 days, however they will need to monitor for signs and symptoms upon return. Attendance at weddings and funerals is allowed, but we are asking residents to let us know and we will provide more specific guidance.

Transportation Services

Justus Senior Living recognizes the importance providing transportation to residents that may not otherwise have access to essential items and how this can affect the quality of life for our residents. On Wednesday, July 8, our communities are happy to be able to offer regular transportation to essential stops like the grocery, pharmacy or bank. Because we will need to restrict the number of residents on the bus, residents must make a reservation.

Update on Justus Communities COVID-19 Active Testing and Cases

We continue to test for COVID-19 throughout our communities and have consistently received very positive news. We are happy to report that currently, all our associates at the Justus communities are COVID -19 free. Currently, the state has not provided guidance on routine staff testing. Across all our Justus communities, there is one positive resident who is currently in isolation but has no symptoms and is doing well.

Please feel free to reach out by e-mail or telephone. We love hearing from you, and we greatly appreciate the overwhelming support from our families, friends and colleagues. We're extremely proud of our team for keeping our residents safe given what's going on in the state/area and at other local communities.

Sincerely,

Justus Leadership